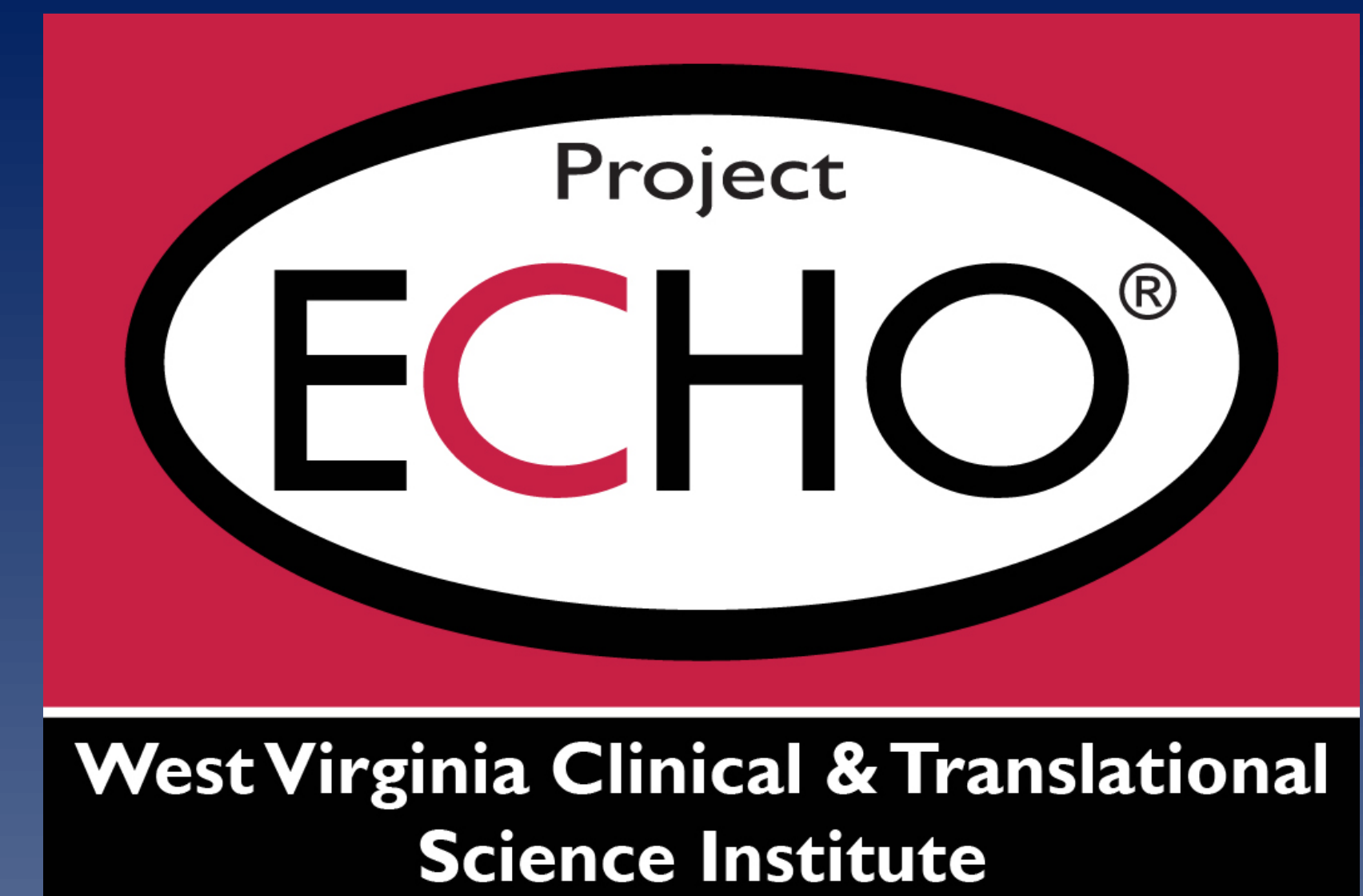


# WV Project ECHO Chronic Pain: Maximizing the Impact of Education & Training in the Opioid Crisis

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## Importance

The Extensions for Health Care Outcomes (ECHO) model is a dynamic interactive continuing education program due to its case-based learning and mentorship design. Community providers get recommendations on actual patients that are presented during the sessions and those recommendations can then be implemented into the patient's care in real-time.

## Purpose

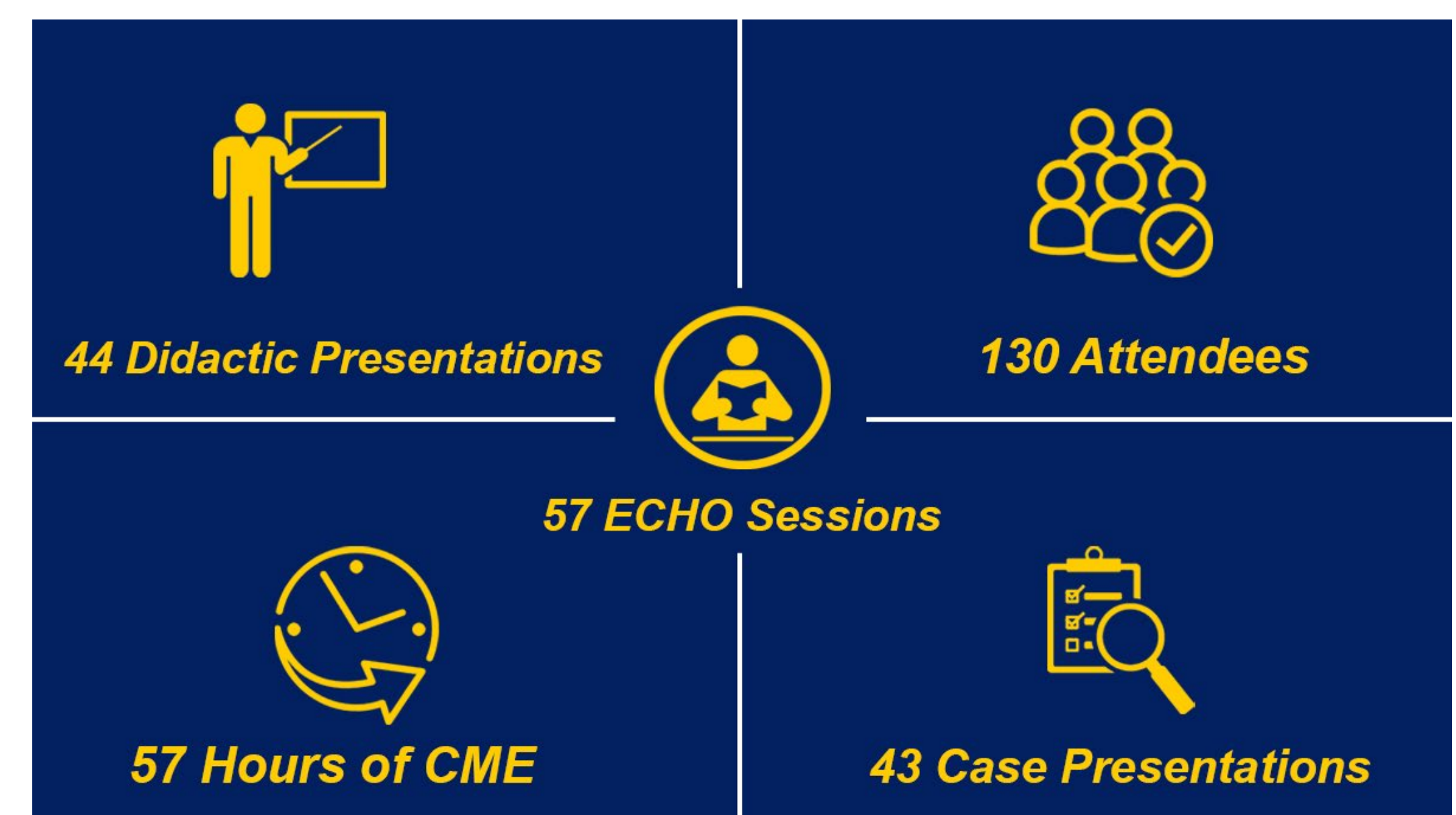
West Virginia is bearing the full impact of the opioid crisis and also has a shortage of specialists that can help treat patients with chronic pain. When combining these two factors it places the burden on the primary care providers and healthcare organizations to try and manage these patients.

## Procedures



### How Does It Work?

- WV Project ECHO Chronic Pain meets the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month from 12:15-1:15pm
- The project uses Zoom video conferencing software
- 1-2 de-identified case presentations are presented by rural primary care providers
- Interdisciplinary Hub members serve as local experts
- A brief 15-20 minute didactic is offered on a chronic pain topic by one of the expert Hub members



### Chronic Pain ECHO Stats

- Launched in February 2017
- Have held 57 sessions
- 130 individuals have attended
- 43 de-identified case presentations
- 44 didactic presentations

### Online Forms and Database

- All de-identified case presentations are submitted electronically
- Providers can copy and paste from Electronic Medical Record (EMR)
- Upload documents e.g. x-rays
- Available across all devices and platforms
- Submitted to a secure database

## Applications

This program has allowed primary care providers to continue to treat their patients in the primary care setting, Hub members better understand resource needs and the creation of a learning collaborative to battle the opioid crisis.

## Next Steps

- Will be rebranding in the spring of 2020 to include more pain related topics
- WV Project ECHO has become a Superhub training site where new potential ECHO partners can receive training on the ECHO model
- All ECHO sessions are recorded and placed on the WV Project ECHO YouTube channel
- WV Project ECHO can now be found on Facebook and Twitter



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